***Instructions for US Rowing Membership, US Rowing Agreement and SafeSport Training (adults – 18 yrs+)***

Dear athletes and parents,

In preparation for practice and competition, we want to ensure everyone has updated their US Rowing Membership and signed online the US Rowing Agreement (waiver). All US Rowing membership activities will be completed through US Rowing's Membership Portal.
https://membership.usrowing.org/

Please find instructions below.

US Rowing Membership/Waiver: Athletes and/or parents will click on the 'Individuals' block. If this will be your first US Rowing membership, click 'Join' and follow the prompts to choose a membership level and then adults sign your online waiver, **parents for rowers under 18 yrs need to sign the online waiver Agreement.** Information about US Rowing membership levels can be found here. The **basic** US Rowing membership fee is $25 for new members or $20 for renewals. Note: The primary email you provide here will be used for password resets. Enter the email of the individual who will most likely be managing this account. US Rowing can change this, if necessary. Rowers who already have accounts can click 'Members' and enter their member number and password. If you don't remember the password, click 'Set/Reset', and you will get an email with information on how to reset your password. You will be able to sign your US Rowing Agreement/Waiver once you are logged in. Remember to enter the BCRC club code when prompted, **YLLV6**, so you appear on BCRC's roster. With a US Rowing membership and an online waiver signed, you are ready to join in practice and compete!

While you are in the membership portal, on your profile, you can access the SafeSport training module that all adult rowers' ages **18 years** and older are required to complete. Click on the SafeSport Icon and go to enrolled courses, you should have a course listed for "Abuse Prevention for Adult Athletes". Please complete this course and your profile should update to complete when you are finished.